

Zurich, 9 May 2006

Swiss Life Holding shareholders approve all resolutions proposed by Board of Directors

At today's Annual General Meeting, Swiss Life Holding's shareholders approved all the resolutions proposed by the Board of Directors. Around 1300 shareholders, representing 8.7 million registered shares or 26 percent of the share capital, took part in the meeting.

Dividend distribution in the form of a repayment of par value

Swiss Life Holding is distributing a dividend in the form of a repayment of par value for the 2005 financial year. This will reduce the company's ordinary share capital by CHF 5 per registered share, from CHF 46 to CHF 41 per share. It is intended to pay the amount of the reduction, CHF 5 per share, at the beginning of August 2006 to those holding Swiss Life Holding shares on the day before the payout.

Elections to the Board of Directors

The Annual General Meeting elected Henry Peter, Professor of Business Law at the University of Geneva and lawyer and partner in the law firm Bernasconi Peter Gaggini in Lugano, to a term of office on the Board of Directors of three years. Standing for re-election to the Board of Directors, Bruno Gehrig, Chairman of the Board, and Pierfranco Riva were elected for a further three year term of office by a large majority.

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Swiss Life

The Swiss Life Group is one of Europe's leading providers of pension and life insurance products. The Swiss Life Group offers individuals and companies comprehensive advice across a broad range of products via agents, brokers and banks in its domestic market, Switzerland, where it is market leader, and selected European markets. Multinational companies are serviced with tailor-made solutions by a network of partners in over 60 countries and regions. With Banca del Gottardo, the Swiss Life Group is also a provider of private banking services. The bank, with its head office in Lugano, has an extended national and international network and around CHF 40 billion in customer assets under management.

Swiss Life Holding, registered in Zurich, dates back to the Swiss Life Insurance and Pension Company founded in 1857. Shares of Swiss Life Holding are listed on the SWX Swiss Exchange (SLHN). The Swiss Life Group employs a staff of more than 9000.

Cautionary statement regarding forward-looking information

This publication contains specific forward-looking statements, e.g. statements including terms like "believe", "assume", "expect" or similar expressions. Such forward-looking statements are subject to known and unknown risks, uncertainties and other factors which may result in a substantial divergence between the actual results, financial situation, development or performance of the company and those explicitly or implicitly presumed in these statements. Against the background of these uncertainties readers should not place undue reliance on forward-looking statements. The company assumes no responsibility to update forward-looking statements or to adapt them to future events or developments.